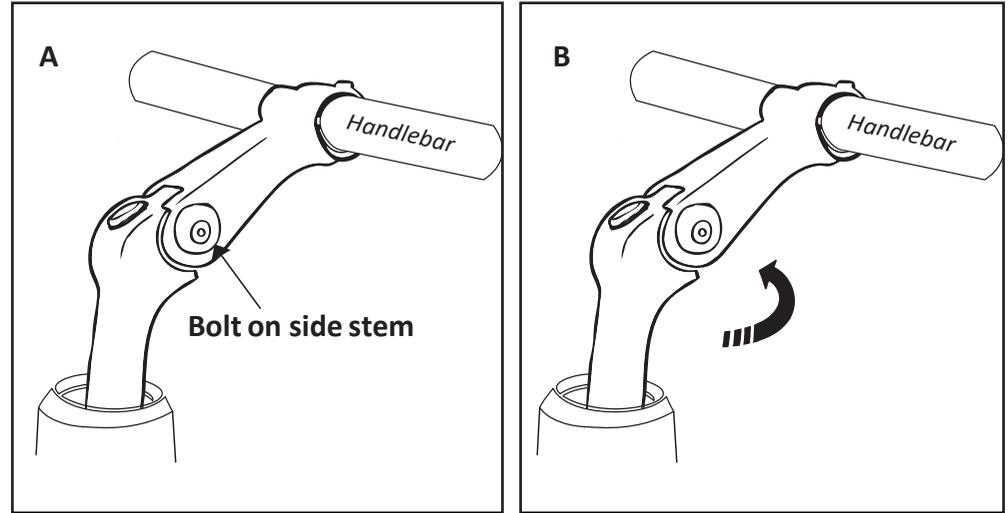


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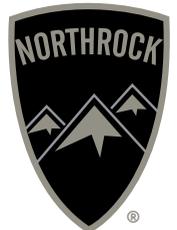
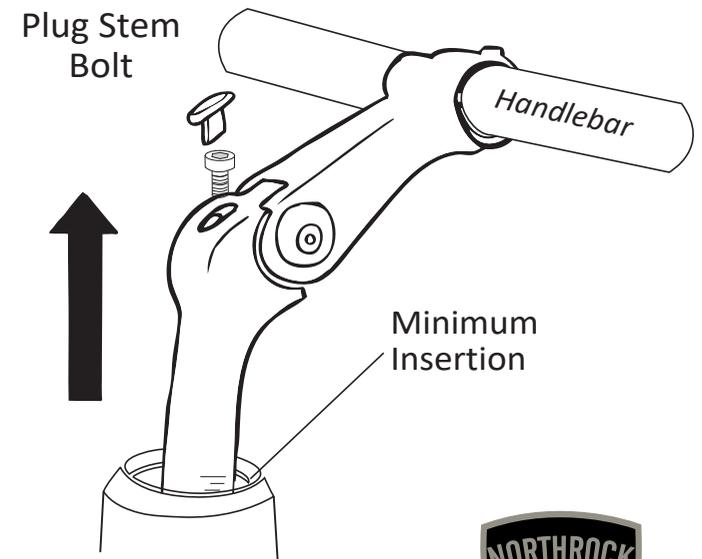
## Rotating Quill Stem - CL5 & SC7 Model:

- a) Using a 5mm allen wrench, loosen bolt on side of stem.
- b) Rotate stem to favorable riding position. Tighten bolt securely. Do not over-tighten. Before riding check to make sure stem is securely positioned by pressing down on the stem.



## How to adjust the height of you quill stem

- a) Using a 6mm allen wrench, loosen stem bolt. Note: you may have to remove the protective plastic plug at the end of the stem.
- b) Raise or lower stem to desired riding position, NOTE: minimum insertion line on stem must be hidden within the headtube of the bicycle.
- c) Align the stem so it is in line with the front fork and/or tire.
- d) Tighten stem bolt securely with a 6mm allen wrench. NOTE: Do not over-tighten. Over tightening the stem bolt or headset assembly may cause damage to the bicycle and/or injury to the rider.
- f) Re- Install the plug (may not apply).
- g) Recheck stem position to ensure that stem and front wheel are in line.
- h) Before riding check to make sure stem is securely positioned by pressing down on the stem.



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